

Chapter 12—Treatment of the Hair and Scalp

MULTIPLE CHOICE

1. A professional barber chooses ____ according to the condition of the client's hair and scalp.
 - a. hair colors
 - b. shampoo products
 - c. hair cuts
 - d. whether to service the client
2. ____ for the hair are designed to deposit moisture or protein.
 - a. Styling lotions
 - b. Styling gels
 - c. Conditioners
 - d. Shampoos
3. ____ capes should be waterproof.
 - a. Shampoo
 - b. Haircutting
 - c. Wet
 - d. Wet/dry
4. Haircutting capes are made of ____, in order to shed wet and dry hair more effectively.
 - a. nylon
 - b. cotton
 - c. vinyl
 - d. All answers are correct.
5. The application of a ____ between the client's skin and the drape is a requirement of every state's barber laws, rules, and regulations.
 - a. plastic bag
 - b. plastic layer
 - c. shampoo cape
 - d. neck strip
6. ____ towel(s) should always be used for chemical services.
 - a. One
 - b. Two
 - c. Four
 - d. Five
7. In the barbershop, the ____ method of shampooing is used when a standard shampoo bowl is unavailable.
 - a. reclined
 - b. inclined
 - c. upright
 - d. wet
8. At the shampoo bowl, keeping your chin parallel to the floor ____.
 - a. produces a more thorough shampoo service for the client
 - b. helps to make the experience more pleasant for the client
 - c. should be avoided
 - d. helps avoid neck strain
9. Insufficient scalp massage might be a reason ____.
 - a. to be fired
 - b. to be reprimanded by the state barber board
 - c. that a client gets a rash
 - d. for a client's dissatisfaction
10. It is essential that the barber is knowledgeable about the ____ and performs a hair and scalp analysis.
 - a. client's favorite shampoo brand
 - b. chemical makeup of shampoo
 - c. ideal ergonomics for shampooing
 - d. products used in the shop

11. In a shampoo service, ____ water reacts well during the foaming process.
 - a. cold
 - b. warm
 - c. hot
 - d. boiling
12. The consultation should be done after _____.
 - a. greeting the client
 - b. shampooing the client's hair
 - c. seating and draping the client
 - d. cutting the client's hair
13. Powder dry shampoo is ____ the client's hair with a brush.
 - a. removed from
 - b. applied to
 - c. spread around
 - d. shaken through
14. A tight scalp and ____ may be corrected with scalp treatments.
 - a. overactive oil glands
 - b. underactive oil glands
 - c. overactive or underactive oil glands
 - d. None of the answers are correct.
15. To relax the pores and ____ the scalp, use a scalp steamer.
 - a. moisturize
 - b. condition
 - c. increase blood circulation in
 - d. clean
16. Firm rotary movements loosen the scalp tissues and help to improve the health of hair and scalp by increasing blood circulation to the _____.
 - a. cuticle
 - b. medulla
 - c. hair papillae
 - d. face
17. Scalp massage affects all of the following except the _____.
 - a. nerves
 - b. muscles
 - c. blood and lymph
 - d. hair shaft
18. Scalp preparations for ____ hair and scalp include moisturizing and emollient agents.
 - a. dry
 - b. fine
 - c. curly
 - d. oily
19. Manipulating a(n) ____ scalp is beneficial because it releases hardened sebum from follicles.
 - a. dry
 - b. scaly
 - c. oily
 - d. inflamed
20. In a(n) ____ scalp treatment, both barber and client should put on tinted safety goggles before the application of ultraviolet rays.
 - a. dry
 - b. dandruff
 - c. steam
 - d. oily
21. Products containing ____ should be applied to the hair or scalp only after high-frequency treatments.
 - a. alcohol
 - b. water
 - c. moisturizers
 - d. carbon
22. Dry and damaged hair can be greatly improved by ____ that make the hair soft and pliable.
 - a. massages
 - b. shampoos
 - c. reconditioning treatments
 - d. conditioners
23. A lack of hygiene can contribute to _____.
 - a. dry hair
 - b. dandruff
 - c. oily hair
 - d. overprocessed hair

24. ____ may benefit from stimulation of the blood supply to the germinal papilla through scalp treatments.
- a. Rashes
 - b. Abrasions
 - c. Alopecia
 - d. Lesions
25. As part of your preparation for a scalp massage, ____.
- a. drape the client
 - b. wash your hands
 - c. seat the client
 - d. perform hair and scalp analysis
26. If lesions or abrasions are present, ____.
- a. perform a normal scalp treatment
 - b. wash the client's hair
 - c. perform a healing treatment
 - d. do not recommend a scalp treatment