

## Chapter 1—Study Skills

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### MULTIPLE CHOICE

1. Triggering the memory with rhymes is an example of a \_\_\_\_\_.
  - a. crossword
  - b. mind map
  - c. mnemonic
  - d. repetition
2. Interactive learners learn best by \_\_\_\_\_.
  - a. real-life situations
  - b. listening, watching, and sharing
  - c. thinking through ideas
  - d. trial and error
3. Your memory is strengthened by \_\_\_\_\_.
  - a. repetition
  - b. word association
  - c. mnemonics
  - d. All answers are correct.
4. \_\_\_\_\_ is a fun and creative way to solve problems and make connections.
  - a. Organizing
  - b. Critical thinking
  - c. Repetition
  - d. Mind-mapping
5. Studying \_\_\_\_\_ is a good study habit.
  - a. in a noisy environment
  - b. in the same place
  - c. in bed
  - d. first thing in the morning
6. Your educational and professional goals are achieved with the help of \_\_\_\_\_.
  - a. fun classmates
  - b. good luck
  - c. good study skills
  - d. a high intelligence
7. Your ability to learn is \_\_\_\_\_.
  - a. not as important as other factors in your success as a student
  - b. one of the most important keys to your success as a student
  - c. an inborn quality and cannot be changed
  - d. formed by your early educational experiences and fixed
8. Your short-term memory is improved by \_\_\_\_\_.
  - a. repetition
  - b. long-term memory
  - c. studying
  - d. writing
9. A mnemonic for the \_\_\_\_\_ of the skin is SHAPES.
  - a. colors
  - b. sizes
  - c. functions
  - d. layers
10. To perform mind-mapping, write the main topic \_\_\_\_\_.
  - a. next to a rhyme for the topic
  - b. at the top of a piece of paper
  - c. in the center of a piece of paper
  - d. on the chalkboard
11. An outline is most helpful for \_\_\_\_\_.
  - a. interactive listeners
  - b. taking notes
  - c. classroom discussions
  - d. mind-mapping
12. The level I appears first in a(n) \_\_\_\_\_.
  - a. outline
  - b. mnemonic
  - c. mind-map
  - d. learning diagram

13. The \_\_\_\_ process is divided into four steps, including planning and drafting.
- a. learning
  - b. memorizing
  - c. writing
  - d. mind-mapping
14. The drafting step of writing a paper includes \_\_\_\_.
- a. formal outlining
  - b. putting thoughts and information into sentences
  - c. both outlining and writing
  - d. revising
15. Reader/listener learners are interested in \_\_\_\_.
- a. real-life situations
  - b. interactive learning
  - c. facts and details
  - d. feelings
16. Intuitive learners like to learn through \_\_\_\_.
- a. watching and listening
  - b. facts and details
  - c. real-life situations
  - d. trial and error and self-discovery
17. Systematic learners should \_\_\_\_.
- a. list key information in an orderly fashion
  - b. pay attention to key concepts
  - c. list key words and facts
  - d. apply personal meaning to a topic
18. Physical movement along with \_\_\_\_ can help to pace yourself when studying.
- a. breaks
  - b. healthy snacks
  - c. breaks and healthy snacks
  - d. watching TV